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RSHE (Relationships, Sex and Health Education) Statutory Requirements from September 2020

As you may be aware, from September 2020 the Department for Education has introduced statutory guidelines for RSHE (Relationships, Sex and Health Education) across both primary and secondary education. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain.

What does the new guidance mean?

The new guidance underpins our already strong ethos for teaching the skills of relationships, wellbeing and physical/mental health which we have always done through PSHE (Personal, Social and Health Education) and across other areas of the curriculum. However, the guidance now clearly states that schools must teach statutory content across the following areas:

Relationships Education	Health Education
<ul style="list-style-type: none"> • Families and people who care for me • Caring friendships • Respectful relationships • Online relationships • Being safe 	<ul style="list-style-type: none"> • Mental wellbeing • Internet safety and harms • Physical health and fitness • Healthy eating • Facts and risks associated with drugs, alcohol and tobacco • Health and prevention • Basic first aid • Changing adolescent body

The DfE also continues to recommend that all primary schools should have a sex education programme that is tailored to the age and maturity of the pupils. The guidance clearly states that, whilst parents continue to have the right to request for their child to be withdrawn from some or all parts of sex education, they **cannot withdraw from relationships/health education or from the parts of sex education included in the National Curriculum for Science.**

How will the new requirements be taught?

The content of RSHE will continue to be taught through a range of both discrete lessons and across our curriculum (e.g. through science, PE, computing lessons etc). We will continue to communicate with you to inform you about when sex education will be taught in your child's year group and the content that will be delivered.

How can I find out more?

We have attached our school's policy for RSHE, alongside a parent guide which outlines the new requirements (these will also be added to our school website). During the Autumn Term, we also intend to invite parents to have the opportunity to ask any questions that you may have about the new policy and the content of what is being taught.

The guidance for schools can be found at <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Yours sincerely,

Miss S Taylor (SEBCO - Social, Emotional and Behavioural Coordinator)

